



# Bowflex Max Trainer M5

Contact: Carla Jones

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[https://co-weld.countybuyselltrade.com/sporting-goods/bowflex-max-trainer-m5\\_milliken\\_237309](https://co-weld.countybuyselltrade.com/sporting-goods/bowflex-max-trainer-m5_milliken_237309)

Address:

Milliken

Price:

1200.00 \$

Perfect condition \$1200 or best reasonable offer. It was purchased in 2018 for \$1600. I used it a dozen times maybe and it really is an excellent and challenging machine. You have the potential to build up to burning 400 calories in a 14 minute session which is incredible. I've loved using it but my work has a gym so I don't really use this as much as I thought I would. It has a super small footprint as far as how much space it takes up. The machine itself is 2 feet wide and 4 feet long, and the mat it sits on is 3'x6'. It comes with a heart rate monitor strap and the floor mat as well. You'll have to bring another person with you to lift it.



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